

## Fractured Neck of Femur (# NOF) Bedside Analgesia Guide

For more detailed information on any section see  
Fractured Neck of Femur (# NOF) Analgesia Reference Sheet

**Pain management requires FREQUENT assessment, intervention, review and documentation**

### ASSESSMENT

- **Pain score** + FAS (Functional Activity Score) + Sedation Score + HR + RR + BP + SpO2
- **Source of pain**  
*(consider other sources of pain, such as pressure areas, urinary retention, faecal loading, chronic pain...)*

### INTERVENTION

- **Consider source(s) of pain and intervene appropriately**  
*(may need variety of interventions - analgesia, positioning, pressure care)*
- **Analgesia = Fascia Iliaca Block\* + Paracetamol +/- Opioid**  
*NB: oral analgesics allowed (with small amount of water) while fasting*
- **Anticipate/ prevent/ manage side effects**

\* Document nerve block in stat orders section of drug chart; administer further nerve block as clinically indicated.

### REVIEW

- **Efficacy of intervention**
- **Observations before dose & 1 hour after opioid dose**
- **Side effects of interventions**  
*(may include nausea, vomiting, constipation, sedation, opioid induced ventilatory impairment (OIVI, delirium))*
- **Respond to, and escalate care, as indicated by observations**

### DOCUMENTATION

- **Document results of all assessments, interventions & reviews**