








Hospital in the Home

- Acute bed substitution program with the aim of hospital avoidance or reducing hospital stay.
- We are located at both Footscray and Sunshine Campus.
- Currently funded for 70 patients, with future planned growth.
- We operate 7 days per week 0700 – 2130 with 24hr on call.

Our HITH team consists of:

- **Medical Consultants:** ID, Respiratory, Renal, Geriatric and General medicine
- **Junior Medical Staff:** Advanced Trainee Registrars and 2 HMOS's
- **Nursing Team:** NUM, ANUM's, HITH Liaison staff, on-road team & Clinical Nurse Educator, and will soon have a Nurse Practitioner Candidate commence with us
- **Allied Health:** access to Physio, OT, Podiatry, Social Work & Pharmacist

Common HITH Admissions:

-  **Intravenous Antibiotics:** Patients on short- or long-term antibiotics via PICC, Midline, IVC or intraperitoneal. We have Baxter Infusers for continuous delivery of IVAB's, and Alaris pumps in the home.
-  **Anticoagulation:** Patient requiring clexane and Warfarin management, new PE's, DVTs or subtherapeutic.
-  **Complex Wound:** Negative Pressure wound therapy or large complex acute wounds.
-  **Heart Failure Management:** IV Frusemide up to TDS visits and medical reviews. We have portable ECG's, weigh scales, monitoring equipment & PRN medications.
-  **Medical Management:** Acute on chronic conditions requiring monitoring, medication titration, pathology, allied health input.

Eligibility Criteria:

Inclusion	Exclusion
Patient consents to receive care at home	Septic or hemodynamically unstable
Acute care needs that can safely be managed at home	Patient does not consent to transfer home with HITH
Hemodynamically stable	The care required exceeds visit ability
Suitable home environment or willing to present to HITH Clinic	Unsafe environment
Reside in the WH catchment and have access to a phone	

We are eager to work with you to streamline early referrals and transfers to HITH from inpatient hospital beds. Please don't hesitate to reach out and discuss any patients whom you are uncertain about meeting our admission criteria.

How to Refer:

- **As of May 15th**, patients are referred via EMR, as well as a medical referral to the HITH registrar.
- Once you refer, the HITH team will review patient & determine if suitable, frequency of care, conduct an OHS review, and consider geographical location.
- A plan of care is made, inclusive of a medical plan, considering patient's social needs, if they require home help/assistance with ADLs, or allied health support.

Contact Us:

Sunshine	Footscray
Registrar: 0481 470 238	Registrar: 0401 747 056
Liaison Nurse: 0403 783 478	Liaison Nurse: 0403 070 190



Western Health